



# INVEST IN Y@URSELF

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Department of Higher Education and Training Registration Certificate no. 2009/FE07/025  
SAAHST (PTY) Ltd Reg. no. 1997/018387/07

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**ADDITIONAL WORKSHOPS:**

- Aesthetics - Permanent Makeup
- Aesthetics - Microneedling
- Aesthetics - Plasma Pen
- Hair - Skills Refining
- Image Consulting
- Decorating and Design
- Public Speaking
- Project Management

\* These workshops are not listed on our training calendar and are offered on a request basis throughout the year. Contact us for more information.

# GENERAL INFORMATION



- **SAAHST** Short Courses and Workshops are designed to equip the student with the necessary skills to build their own business as well as expand their current expertise. Duration of the courses varies, with a theoretical and practical assessment according to the specific timetable and the course enrolled for.
- Once all short course or workshop prerequisites have been met, proof of completion will be issued.
- Dress code for all short courses is comfortable, yet professional and practical.
- Light lunch is included for full day courses, refreshments will be given for half day courses.
- Requirements are included in the course fee, except for the courses in Aesthetics, Hair and Photography, (see additional information below).
- Take note that prerequisites or course requirements are applicable to certain short courses and workshops, (see additional information below).

## Contact our administration office for further information related to:

- \* (1) CPD points.
- \*\* (2) Excludes training requirements.
- \*\*\* (3) Prerequisite - relevant experience, training or industry related qualification required.

# NAIL TECHNOLOGY



## NAIL TECHNOLOGY

**SHORT COURSE** consists of:

- BIO SPA - Manicure and pedicure
- ETHOS - Natural nail care
- BIO GEL - Gel nail enhancements
- EVO - Gel polish nail enhancements
- BI-OLYGEL - UV curable acrylic system
- GEMINI - Nail polish system
- Nail lengthening - Tips and sculptures
- Nail art

**R 17 500**  
10 Days

\*This short course can also be done as individual workshops.



## BIO SCULPTURE CAREER TRAINING

**R 11 100**

### 5 Days

Training includes natural nail care, Bio Gel and EVO training.

## BIO SCULPTURE EVO TRAINING

**R 7 000**

### 3 Days

EVO boasts the latest technology in gel formulation. Infused with vitamin A and E, EVO Oxygenating Base & Build leaves the nail nourished and rehydrated.

## BIO SCULPTURE SPA TRAINING

**R 3 000**

### 2 Days

Inspired by nature, BIO SCULPTURE's tranquil SPA treatment range can be used in salons or at home. Products are infused with essential nutrients to rejuvenate the health and beauty of your skin and nails.

## BIO SCULPTURE GEL TRAINING

**R 8 500**

### 3 Days

A scientifically formulated pure gel range which varies from flexible to solid, BIOGEL is suitable for every nail type and is excellent for extending and strengthening nails.

## BIO SCULPTURE <sup>\*\*\*(3)</sup> BI-OLYGEL TRAINING

**R 2 200**

### 2 Days

BI-OLYGEL is a UV gel, strengthened with acrylic paste to bring out the best properties of both gel and acrylic systems, creating a firm hard gel that is easy and quick to apply.

## NAIL ART <sup>\*\*\*(3)</sup> TRAINING

**R 2 000**

### 1 Day

Training focuses on the fundamentals of nail art, you will learn how to easily apply technique's and how to advance your skill to further your art, incorporating a variety of popular trends

<sup>\*\*\*(3)</sup> **Prerequisite:** Bio Sculpture Gel / Bio Sculpture Evo / Bio Sculpture career training.

# MAKEUP ARTISTRY



**R 11 900**  
4 Days

## MAKEUP ARTISTRY SHORT COURSE

consists of:

- Day and Night Makeup
- Makeup Contouring
- Bridal and Event Makeup
- Fantasy Makeup

\*This short course can also be done as individual workshops.

## DAY AND EVENING MAKEUP

**R 7 900**

### 1 Day

Step by step makeup application workshop on how to transform day makeup into evening makeup. Also includes makeup kit, consulting and how to choose products that suit your skin tone, practical tips and tricks.

## BRIDAL AND EVENT MAKEUP

**R 7 900**

### 1 Day

Great bridal makeup workshop focusing on the consulting process and the application of makeup. Different eyeshadow looks and practice of natural makeup application as well as stronger makeup application.

\*Includes basic contouring for weddings.

## MAKEUP CONTOURING

**R 7 900**

### 1 Day

Contouring is all about the art of shading and highlights used to refine, sculpt and slim your face with different shades of foundation and powder. This workshop will enable the learner to apply contouring techniques which is necessary for photography, TV and film.

## FANTASY MAKEUP

**R 7 900**

### 1 Day

A workshop where you can express your creative side. This will inspire you to think out of the box, play around with colour and give you absolute freedom of expression. Fantasy makeup will push your boundaries and give you the confidence to try new things and grow as a makeup artist.





# EYEBROW AND EYELASH ARTISTRY



## EYEBROW AND EYELASH ARTISTRY

**SHORT COURSE** consists of:

- Eyebrow and Eyelash (Tinting)
- Eyebrow and Eyelash (Henna)
- Eyebrow Shaping
- Eyebrow and Eyelash Lamination
- Eyelash Extensions

**R 22 000**  
5 Days

\* This short course can also be done as individual workshops.



## EYEBROW AND LASH TINT AND SHAPE

**R 3 000**

### 1 Day

During this workshop you will learn the technique of applying colour to lashes and brows to darken them in order to appear longer and more voluminous. Learn how to map and shape the eyebrow professionally.

## EYEBROW AND LASH LAMINATION

**R 4 500**

### 1 Day

Lamination or lift is a semi-permanent treatment that aims to enhance the beauty of natural lashes and brows by lifting and curling the lashes giving them a longer fuller appearance.

## EYEBROW AND EYELASH HENNA

**R 4 500**

### 1 Day

Henna is used to not only stain the skin beneath the eyebrow but also the brow hair, creating a shadow and fullness to the brow area.

## EYELASH EXTENSIONS

**R 10 660**

### 2 Days

Eyelash extensions are semi-permanent individual lashes that are applied by hand to your natural lashes enhancing the length, thickness and fullness of natural lashes.



# MASSAGE



## MASSAGE SHORT COURSE consists of:

- Body Massage
- Hot Stone Massage
- African Rungu Massage
- Scalp Massage

**R 13 500**  
5 Days

\* This short course can also be done as individual workshops.

## **BODY MASSAGE**

**R 2 500**

### **2 Days**

This short course teaches the history of massage and the five classical massage movements enabling you to perform a body massage.

## **AFRICAN RUNGU \*\*\*<sup>(3)</sup> MASSAGE**

**R 3 500**

### **1 Day**

Learn the art of using Rungu, a wooden throwing club that is carved out of natural eucalyptus wood, used by the Massai African Tribe. The therapist uses this club to perform a deeply relaxing, yet stimulating full body massage.

## **HOT STONE \*\*\*<sup>(3)</sup> MASSAGE**

**R 4 500**

### **1 Day**

This workshop will provide you with the skills needed to perform a massage to the body utilizing heated stones, resulting in a nurturing and enhanced therapeutic effect.

\*\*\*<sup>(3)</sup> **Prerequisite:** Introduction to Body Massage Course.

## **BAMBOO \*\*\*<sup>(3)</sup> MASSAGE**

**R 3 500**

### **1 Day**

During this workshop different bamboo stalks are used to massage the body. This induces a feeling of wellbeing and relaxation.

## **SCALP MASSAGE**

**R 2 500**

### **1 Day**

Learn to perform a massage on the head, neck and face with the purpose of manipulating muscles to soothe away stress and tension, leaving the client feeling refreshed, relaxed and with a renewed clarity of mind.

## **CALABASH \*\*\*<sup>(3)</sup> MASSAGE**

**R 3 500**

### **1 Day**

A body massage workshop utilizing different types of calabashes to provide an interesting and relaxing experience.



# HAIR REMOVAL

## SUGARING- HAIR REMOVAL

**R 6 685**

**2 Days**

This short course will equip you with the skills to perform a hair removal service using a sugar paste that was adapted from an ancient hair removal technique. This technique uses all natural ingredients, providing a gentle, less painful and effective method of hair removal.



# TRADE TEST TRAINING \*\*\*<sup>(3)</sup>



**R 4 300**

To qualify as a hairdresser, you must obtain your trade test certificate in order to be legally qualified. The trade test is a practical observation in which all criteria of the hairdressing qualification is evaluated by a NAMB (National Artisan Moderation Body) registered assessor. Prior learning requirements: 4 years or more in the industry OR formal hairdressing training at an accredited Service Seta Institution. (Hairdressing Technician, Hair Stylist [Ladies Caucasian], Afro Hairdressing, Barbering Gent's).

**- ARPL R7 000**



## PRE-TRADE TEST

**R 1 700**

We specialize in pre-trade test training to prepare applicants to enter for the trade test in order to become fully qualified according to national requirements. Our pre-trade test training courses are focused on the practical and theoretical aspects of the trade and focuses specifically on requirements still needed to pass their trade test in Hairdressing. Hairdressing. (Hairdressing Technician, Hair Stylist Ladies Caucasian, Afro Hairdressing, Barbering Gent's).

# COMPUTER TRAINING

## BASIC COMPUTER TRAINING <sup>\*\* (2)</sup>

1 Day **R 1 500**

This short course introduces you to the fundamentals of computing, explains the components of a computer, explores operating system basics, and shows you how to use a mouse and a keyboard. Course Modules include: Introduction to Computers, Common Computer Terminology, Computer performance and features, Computer Operating systems, Career Opportunities and Module Completions.

## OFFICE 365 FOR BEGINNERS <sup>\*\* (2)</sup>

2 Day **R 2 500**

Get started with Office, and learn how to download, install, create files, add, edit, and format text.

In Microsoft Excel, create and manage worksheets and workbooks; manage data cells and ranges; create tables; perform operations with formulas and functions; and create charts and objects.

Create and manage documents in Microsoft Word: format text, paragraphs, and sections; create tables and lists; create and manage references; and insert and format graphic elements. Microsoft PowerPoint includes creating and managing presentations; inserting and formatting text, shapes, and images; inserting tables, charts, smart art, and media; applying transitions and animations; and managing and finalizing presentations.

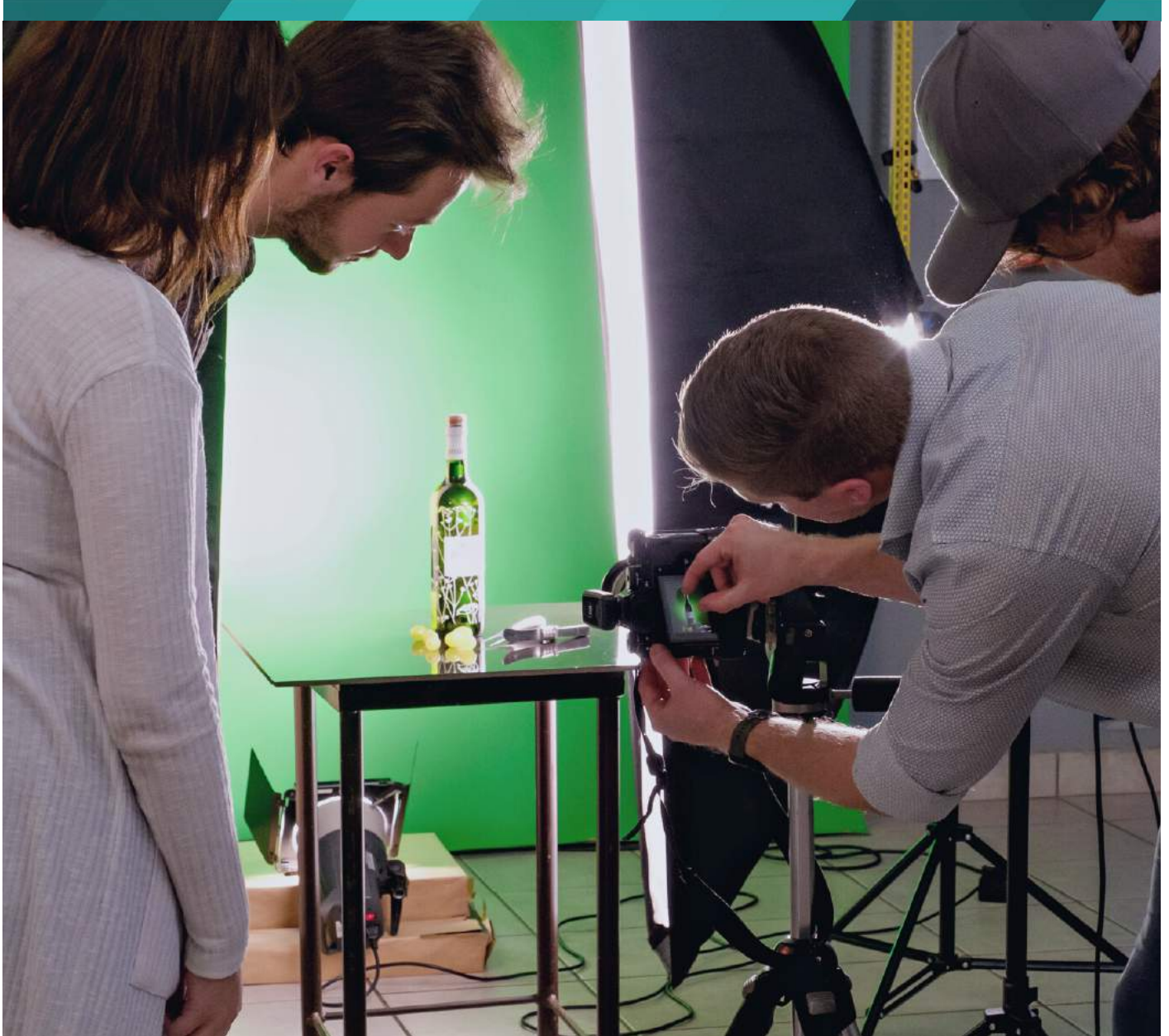
*\*Upon completion a certificate from Microsoft will be issued.*

*\*\* **ONE** Microsoft certified exam valued at R 1000.00 Included*





# PHOTOGRAPHY SHORT COURSES



**\*\* (2)**

**5 Days R 8 000**

Improve your photography skills and further enhance your knowledge of your camera. This workshop will explore exposure settings: Aperture, Shutter Speed, ISO, the functional purpose of them and the visual effects. We will cover camera equipment and camera settings by learning how to set up your camera and how to use all necessary settings such as: Light metering modes, exposure settings, focusing modes, lenses, composition and more.

## OUTDOOR FLASH <sup>\*\* (2)</sup> PHOTOGRAPHY

**R 3 800**

**1 Day**

This workshop introduces the concepts of TTL, Manual Flash Photography as well as Shutter Sync Speed. You will learn how the hot shoe flash works and how to modify the characteristics of light that it produces by adding accessories and bouncing the flash. Finally, the techniques of using the flash off camera and balancing it with ambient light will be taught, allowing you to alter the direction and quality of light on your subject.

## INTRODUCTION TO <sup>\*\* (2)</sup> STUDIO PORTRAITURE

**R 3 800**

**1 Day**

This practical hands-on workshop is perfect for the photographer who has the basic knowledge of camera work as well as exposure, and who would like to take their first steps into studio photography. Aspects such as lighting equipment, technical settings as well as the studio environment will be discussed. By the end of the workshop you will setup lighting and photograph a model under the supervision of a professional photographer, gaining the applied knowledge and self confidence to shoot on your own in the studio.



## GET TO KNOW YOUR CAMERA <sup>\*\* (2)</sup>

**R 800**

**4 Hours**

Discover the abilities of your DSLR / Mirrorless camera. This workshop is hands on, with demonstrations on how to get the best of your camera and apply techniques with Aperture, Shutter speed, ISO and focusing on methods to improve your images.

## INTRODUCTION <sup>\*\* (2)</sup> TO PHOTOSHOP

**R 3 250**

New to editing and image manipulation? Whether you want to enhance your holiday snapshots or isolate and change the colour of the sky in a landscape photo, start here to become confident with this impressive software.

## INTERMEDIATE <sup>\*\* (2)</sup> PHOTOSHOP

**R 4 750**

After mastering the basics, delve into the tools and techniques for complex editing tasks such as Dodging and Burning, Calculations and Frequency Separation.





## INTRODUCTION TO LIGHTROOM <sup>\*\*</sup>(2)



### R 3 250

**3 Evenings - 17:30 to 20:30**

Lightroom has become the industry standard for photographers and content creators to produce striking images, access the potential of RAW image files and to stay organized. Establish an efficient workflow, correct exposure and colour and learn how to use the available tools.

## INTRODUCTION TO LIGHTROOM FOR DESKTOP OR MOBILE



### R 3 250

**3 Evenings - 17:30 to 20:30**

Do you want to process your images on the go? For a simplified experience learn how to use the mobile and desktop version of Lightroom that still offers the same RAW processing ability.



## **REFRESHER TRAINING**

### **R 500**

Any difficulties experienced during training will be addressed, as well as preparation for your practical exam. Examination fee included.

\*Applicable to all short courses.

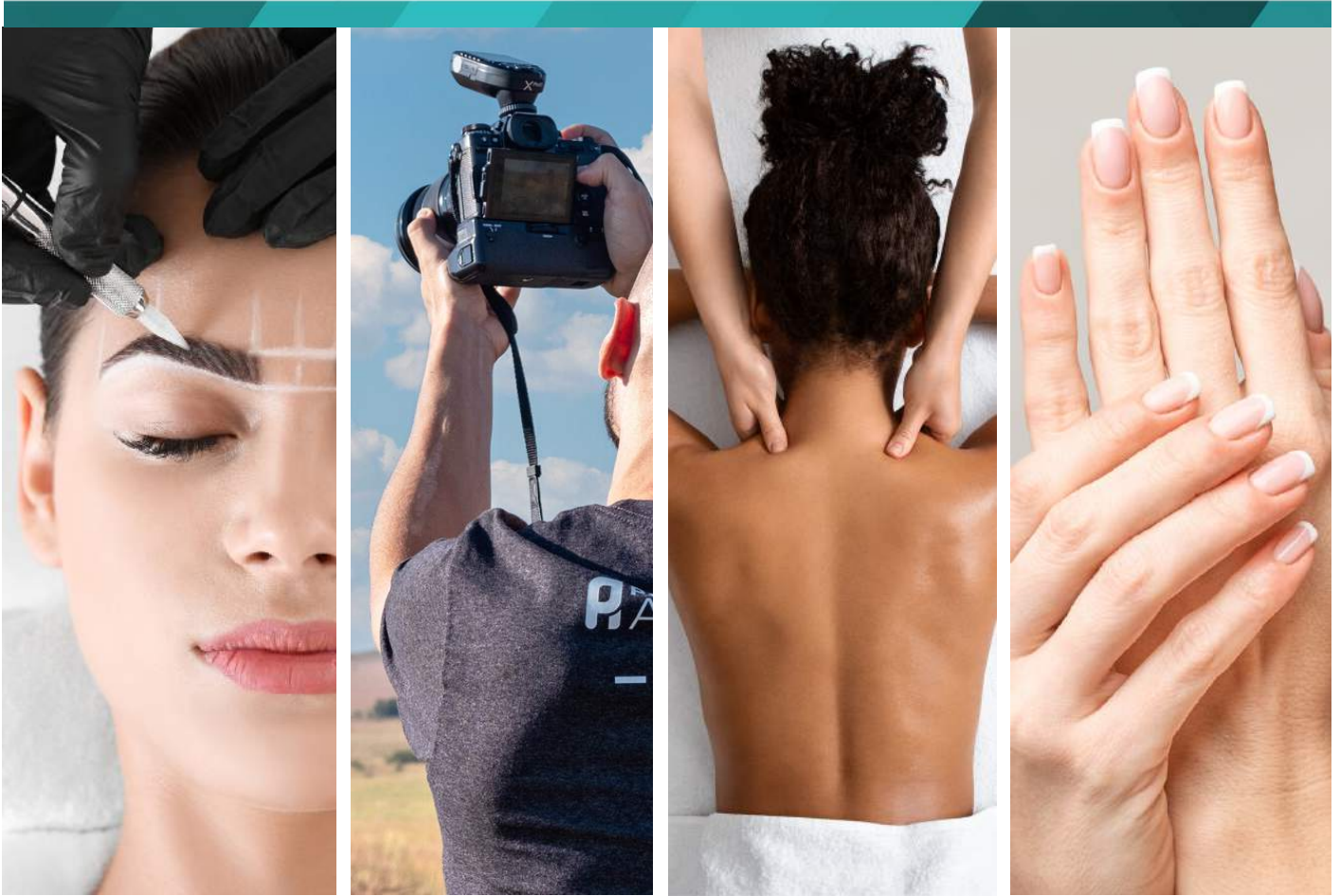
## **EXAMINATION**

### **R 500**


Appointments for the exams are made during the refresher course and should be completed within six months of the training. (If written within six months after completion of a course no examination fee will be charged). The required experiential hours should be handed in on the day of the exams.



# CONTACT US



## ADDRESS

 55 - 59 Dr. James Maroka Avenue  
Potchefstroom


## WEBSITE

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## EMAIL

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 076 593 7800

## APPLY NOW

TAP OR SCAN QR CODE

